



DAKOTA GROWERS PASTA CO.

EGG NOODLES

Nutrition Facts

Serving size 2 oz (56 g/ 1 cup)
Dry

Amount per serving
Calories 220

	% Daily Value*
Total Fat 2.5g	3%
Saturated Fat 0.5g	3%
Trans Fat 0g	
Polyunsaturated Fat 0.5g	
Monounsaturated Fat 0.5g	
Cholesterol 45mg	15%
Sodium 10mg	0%
Total Carbohydrate 40g	15%
Dietary Fiber 2g	7%
Total Sugars 2g	
Includes 0g Added Sugars	0%
Protein 8g	
Vitamin D 0mcg	0%
Calcium 20mg	2%
Iron 1.9mg	10%
Potassium 140mg	2%
Thiamin 0.5mg	40%
Riboflavin 0.3mg	20%
Niacin 3.3mg	20%
Folate 190mcg DFE (110mcg folic acid)	50%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredient Declaration Durum Wheat Semolina, durum wheat flour, eggs, niacin, iron (ferrous sulfate), thiamin mononitrate, riboflavin, folic acid

Allergens Wheat, Egg