



DAKOTA GROWERS PASTA CO.

REDUCED CALORIE

Nutrition Facts

Serving size 2 oz (56 g) Dry

Amount per serving

Calories **150**

% Daily Value*

Total Fat 1g **1%**

Saturated Fat 0g **0%**

Trans Fat 0g

Polyunsaturated Fat 0g

Monounsaturated Fat 0g

Cholesterol 0mg **0%**

Sodium 50mg **2%**

Total Carbohydrate 42g **15%**

Dietary Fiber 13g **46%**

Soluble Fiber 1g

Insoluble Fiber 12g

Total Sugars 1g

Includes 0g Added Sugars **0%**

Protein 7g

Vitamin D 0mcg 0%

Calcium 30mg 2%

Iron 1.3mg 8%

Potassium 90mg 2%

Thiamin 0.3mg 25%

Riboflavin 0.1mg 8%

Niacin 2.3mg 15%

Folate 135mcg DFE 35%
(75mcg folic acid)

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredient Declaration

Durum wheat semolina, modified wheat starch, wheat protein isolate, niacin, iron (ferrous sulfate), thiamin mononitrate, riboflavin, folic acid

Allergens

Wheat