



# DAKOTA GROWERS PASTA CO.

## TRI-COLOR (SPINACH, TOMATO, PLAIN) PASTA

### Nutrition Facts

**Serving size** 2 oz (56 g) Dry

**Amount per serving**

**Calories** **200**

% Daily Value\*

**Total Fat** 1g **1%**

Saturated Fat 0g **0%**

Trans Fat 0g

Polyunsaturated Fat 0g

Monounsaturated Fat 0g

**Cholesterol** 0mg **0%**

**Sodium** 10mg **0%**

**Total Carbohydrate** 42g **15%**

Dietary Fiber 2g **7%**

Total Sugars 2g

Includes 0g Added Sugars **0%**

**Protein** 7g

Vitamin D 0mcg **0%**

Calcium 20mg **2%**

Iron 1.9mg **10%**

Potassium 170mg **4%**

Thiamin 0.5mg **40%**

Riboflavin 0.2mg **15%**

Niacin 3.4mg **20%**

Folate 205mcg DFE **50%**  
(110mcg folic acid)

\*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

**Ingredient Declaration** Durum Wheat Semolina, tomato solids, dried spinach, niacin, iron (ferrous sulfate), thiamin mononitrate, riboflavin, folic acid

**Allergens** Wheat